

Def. A partition of  $[a, b]$  is a finite collection  $(\mathcal{P})$  of points  $\{t_0, \dots, t_n\} \subseteq [a, b]$  with  $a = t_0 < t_1 < \dots < t_{n-1} < t_n = b$ .

Def. If  $f: [a, b] \rightarrow \mathbb{R}$  is bounded, define

$$m_i := \inf \{ f(x) : x \in [t_{i-1}, t_i] \}$$

$$M_i := \sup \{ f(x) : x \in [t_{i-1}, t_i] \}$$

The lower sum <sup>(resp. upper)</sup> of  $f$  for  $P$  is

$$L(f, P) := \sum_{i=1}^n m_i (t_i - t_{i-1})$$

$$\text{(resp. } U(f, P) := \sum_{i=1}^n M_i (t_i - t_{i-1}) \text{)}.$$

~~Def.~~ Define  $L(f) := \sup \{ L(f, P) \}$   
 $U(f) := \inf \{ U(f, P) \}$

Facts: (1) For any partition  $P$  of  $[a, b]$ ,  $L(f, P) \leq U(f, P)$

(2) If  $P, Q$  are partitions with  $P \subseteq Q$ , then

$$L(f, P) \leq L(f, Q)$$

$$U(f, Q) \leq U(f, P)$$

(3) For any two partitions  $P_1$  and  $P_2$ ,

$$L(f, P_1) \leq U(f, P_2) \quad (\text{generalizes (1)}).$$

$$(4) L(f) \leq U(f).$$

Big idea: When  $L(f) = U(f)$ , we can define the shared value to be the integral (i.e. the area under the curve).

BS 7.4.1 Let  $f(x) = |x|$  for  $-1 \leq x \leq 2$ . (3)

Calculate  $L(f, P)$  and  $U(f, P)$  for the partitions

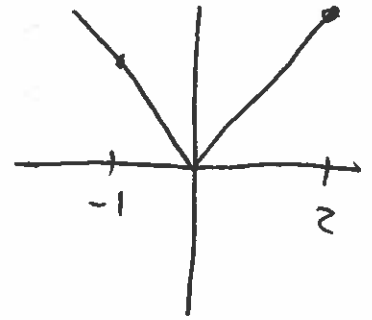
a)  $P_1 = \{-1, 0, 1, 2\}$

b)  $P_2 = \{-1, -\frac{1}{2}, 0, \frac{1}{2}, 1, \frac{3}{2}, 2\}$

Sol. a) Here,  $t_0 = -1, t_1 = 0, t_2 = 1, t_3 = 2$ .

Recall,  $m_i = \inf \{f(x) : x \in [t_{i-1}, t_i]\}$

$$M_i = \sup \{f(x) : x \in [t_{i-1}, t_i]\}$$



We have  $m_1 = 0$        $M_1 = 1$

$m_2 = 0$        $M_2 = 1$

$m_3 = 1$        $M_3 = 2$

$$\text{So } L(f, P_1) = \sum_{i=1}^3 m_i (t_i - t_{i-1}) = \sum_{i=1}^3 m_i (1) = 1$$

$$U(f, P_1) = \sum_{i=1}^3 M_i (t_i - t_{i-1}) = \sum_{i=1}^3 M_i (1) = 4.$$

b) Now, we have a finer partition, so we expect  $L(f, P_2)$  and  $U(f, P_2)$  to be closer to the "actual area under the curve".

We have  $m_1 = \frac{1}{2}$        $M_1 = 1$

$m_2 = 0$        $M_2 = \frac{1}{2}$

$m_3 = 0$        $M_3 = \frac{1}{2}$

$m_4 = \frac{1}{2}$        $M_4 = 1$

$m_5 = 1$        $M_5 = \frac{3}{2}$

$m_6 = \frac{3}{2}$        $M_6 = 2$

$$\begin{aligned} \text{So } L(f, P_2) &= \sum_{i=1}^4 m_i \left(\frac{1}{2}\right) = \frac{1}{2} \left(\frac{1}{2} + 0 + 0 + \frac{1}{2} + 1 + \frac{3}{2}\right) \\ &= \frac{7}{4} = 1.75 \end{aligned} \quad (4)$$

$$\begin{aligned} U(f, P_2) &= \sum_{i=1}^4 M_i \left(\frac{1}{2}\right) = \frac{1}{2} \left(1 + \frac{1}{2} + \frac{1}{2} + 1 + \frac{3}{2} + 2\right) \\ &= \frac{13}{4} = 3.25 \end{aligned}$$

Notice the lower sum increased and the upper sum decreased. The actual area under the curve is 2.5, so it appears the sums are getting closer to 2.5 as the partitions get finer.

BS 7.3 Let  $f$  and  $g$  be bounded on  $I = [a, b]$ .  
Suppose  $f(x) \leq g(x) \forall x \in I$ .  
Show  $L(f) \leq L(g)$  and  $U(f) \leq U(g)$ .

Sol. We'll do the first inequality (other one similar).  
We want to show that

$$\sup \{L(f, P) \mid P \text{ partition}\} \leq \sup \{L(g, P)\}$$

By definition of the sup as 'LUB', it suffices to show that  $L(f, Q) \leq \sup \{L(g, P)\}$  for any partition  $Q$  (i.e.  $\sup \{L(g, P)\}$  is an upper bound for the set of lower sums of  $f$ ).

Notice that if  $L(f, Q) \leq L(g, Q)$ , then since  $\sup \{L(g, P)\}$  is an upper bound for  $L(g, Q)$ , we would get  $L(f, Q) \leq L(g, Q) \leq \sup \{L(g, P)\}$  which is exactly what we want to show.

So, let's fix  $Q$  a partition and show (5)  
 $L(f, Q) \leq L(g, Q)$ . We have

$$L(f, Q) = \sum_{i=1}^n m_i (t_i - t_{i-1}) \quad \text{where } m_i = \inf \{ f(x) \mid x \in [t_{i-1}, t_i] \}$$

Since  $f(x) \leq g(x) \forall x \in I$  and  $m_i$  is  $\forall x \in [t_{i-1}, t_i]$   
and  $m_i$  is a lower bound for  $f(x)$  on  $[t_{i-1}, t_i]$ ,  
it's also a lower bound for  $g(x)$  on  $[t_{i-1}, t_i]$ .  
But if we define  $n_i = \inf \{ g(x) \mid x \in [t_{i-1}, t_i] \}$   
then  $n_i$  is the GLB for  $g(x)$  on  $[t_{i-1}, t_i]$ .

So  $m_i \leq n_i$  for each  $i$ .

$$\text{Hence } L(f, Q) = \sum_{i=1}^n m_i (t_i - t_{i-1}) \leq \sum_{i=1}^n n_i (t_i - t_{i-1}) = L(g, Q)$$

which we wanted to show, so we're done.

BS 7.4.6 Let  $f: [0, 2] \rightarrow \mathbb{R}$  be given by  $f(x) = 1$  for  $x \neq 1$ ,  
 $f(1) = 0$ . Show that  $L(f) = U(f)$ . What is  
the shared value?

Sol. Start by finding  $L(f) = \sup \{ L(f, P) \}$ .  
Let  $P$  be an arbitrary partition. Try to bound  $L(f, P)$ .

$$L(f, P) = \sum_{i=1}^n m_i (t_i - t_{i-1}) \quad (\text{can we bound } m_i?)$$

For all  $x \in [t_{i-1}, t_i]$ ,  $f(x) \leq 1$ , so 1 is an upper  
bound for  $f$  on  $[t_{i-1}, t_i]$ . But  $m_i$  is a lower bound  
for  $f$  on  $[t_{i-1}, t_i]$ , so certainly  $m_i \leq 1$ .

$$\text{So } L(f, P) \leq \sum_{i=1}^n (1) (t_i - t_{i-1}) = 2.$$

Hence  $\sup \{ L(f, P) \} \leq 2$ .

We claim  $\sup \{L(f, P)\} = 2$ . (6)

Since 2 is an upper bound for  $\{L(f, P) : P \text{ partition}\}$ , it suffices to show that  $\forall \epsilon > 0 \exists$  a partition  $P$  such that  $2 - \epsilon \leq L(f, P) \leq 2$ .

So let  $\epsilon > 0$  be given. Choose  $P$  to be the partition  $P = \{0, 1 - \frac{\epsilon}{4}, 1 + \frac{\epsilon}{4}, 2\}$ . Observe that

$$\begin{aligned} L(f, P) &= (1) \left(1 - \frac{\epsilon}{4}\right) + (0) \left(\left(1 + \frac{\epsilon}{4}\right) - \left(1 - \frac{\epsilon}{4}\right)\right) + (1) \left(2 - \left(1 + \frac{\epsilon}{4}\right)\right) \\ &= 1 - \frac{\epsilon}{4} + \left(1 - \frac{\epsilon}{4}\right) \\ &= 2 - \frac{\epsilon}{2} \end{aligned}$$

so  $2 - \epsilon < L(f, P) \leq 2$ .

So we conclude that  $L(f) = \sup \{L(f, P)\} = 2$ .

What about  $U(f)$ ? We already know

$2 = L(f) \leq U(f)$ . So  $2 \leq \inf \{U(f, P)\}$ .

Q. Is there a partition  $P$  such that  $U(f, P) = 2$ ?

In that case, we have  $\inf \{U(f, P)\} \leq 2$  as desired.

A. Yes! Choose  $P = \{0, 2\}$ . Then

$$\begin{aligned} U(f, P) &= \inf \{f(x) : x \in [0, 2]\} \cdot (2 - 0) \\ &= 1 \cdot 2 = 2. \end{aligned}$$

So  $U(f) = \inf \{U(f, P)\} = 2$  and

$L(f) = 2 = U(f)$ .

$\square$

BS 7.4.8 Let  $f$  be continuous on  $I = [a, b]$  and  $(7)$   
assume  $f(x) \geq 0 \forall x \in I$ . Prove that if  
 $L(f) = 0$ , then  $f(x) = 0$  for all  $x \in I$ .

Sol. Suppose towards a contradiction that  $f(c) > 0$   
for some  $c \in I$ . Let's assume  $c$  is an interior  
point of  $I$ . Since  $f$  is continuous, there exists  
some neighbourhood  $(c - \delta, c + \delta)$  of  $c$  such  $\delta > 0$   
that  $f(x) > \frac{f(c)}{2}$  for all  $x \in (c - \delta, c + \delta)$ . In  
fact, you can assume  $f(x) >$

Consider the partition  $P = \{a, c - \delta, c + \delta, b\}$ .

$$\begin{aligned} \text{We have } L(f, P) &= m_1(c - \delta - a) + m_2(c + \delta - (c - \delta)) + m_3(b - c + \delta) \\ &\geq 0(c - \delta - a) + \frac{f(c)}{2}(2\delta) + 0(b - c + \delta) \\ &= f(c) \cdot \delta \\ &> 0 \end{aligned}$$

But since  $L(f) = \sup \{L(f, P)\}$ , ~~we have~~  $L(f)$   
 ~~$< L(f)$~~  is an upper bound for  $L(f, P)$   
so  $0 < L(f, P) \leq L(f) = 0$ , a contradiction.

Thus  $f(x) = 0 \forall x \in I$ .

BS Ex 7.4.7d) Let  $f: [0,1] \rightarrow \mathbb{R}$  be given by ⑧

$$f(x) = \begin{cases} 1 & x \in \mathbb{Q} \\ 0 & x \notin \mathbb{Q} \end{cases}$$

Find  $L(f)$  and  $U(f)$ .

Sol. Let  $P = \{t_0, \dots, t_n\}$  be any partition.

Since any interval  $[t_{i-1}, t_i]$  contains irrational and rational numbers (density), we have

$$L(f, P) = \sum_{i=1}^n m_i (t_i - t_{i-1}) = 0$$

$$U(f, P) = \sum_{i=1}^n M_i (t_i - t_{i-1}) = \sum_{i=1}^n (1) (t_i - t_{i-1}) = (1-0) = 1.$$

$$\text{So } L(f) = \sup \{0\} = 0.$$

$$U(f) = \inf \{1\} = 1.$$

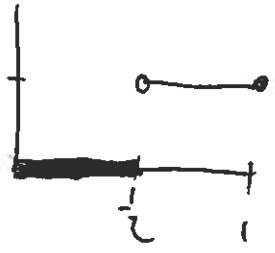
Note that we always have  $L(f) \leq U(f)$ , but in this case we have strict inequality.

BSB 7.5.7 a) Let  $g(x) = \begin{cases} 0, & 0 \leq x \leq \frac{1}{2} \\ 1, & \frac{1}{2} < x \leq 1 \end{cases}$  (9)

Show that  $g$  is integrable with

$$\int_0^1 g = \frac{1}{2}.$$

b) Does the conclusion hold if we instead define  $g(\frac{1}{2}) = 1$ ?



Sol. a) Let  $\epsilon > 0$  be given. Define  $P_\epsilon = \{0, \frac{1}{2} - \frac{\epsilon}{6}, \frac{1}{2} + \frac{\epsilon}{6}, 1\}$ .

If we can show that  $U(g, P_\epsilon) - L(g, P_\epsilon) < \epsilon$ , then we can conclude that  $g$  is integrable.

$$\begin{aligned} U(g, P_\epsilon) &= 0 \left( \frac{1}{2} - \frac{\epsilon}{6} \right) + 1 \left( \frac{\epsilon}{3} \right) + 1 \left( 1 - \left( \frac{1}{2} + \frac{\epsilon}{6} \right) \right) \\ &= \frac{\epsilon}{3} + \frac{1}{2} - \frac{\epsilon}{6} \\ &= \frac{1}{2} + \frac{\epsilon}{6} \end{aligned}$$

$$\begin{aligned} L(g, P_\epsilon) &= 0 \left( \frac{1}{2} - \frac{\epsilon}{6} \right) + 0 \left( \frac{\epsilon}{3} \right) + 1 \left( 1 - \left( \frac{1}{2} + \frac{\epsilon}{6} \right) \right) \\ &= \frac{1}{2} - \frac{\epsilon}{6} \end{aligned}$$

$$\text{So } U(g, P_\epsilon) - L(g, P_\epsilon) = \left( \frac{1}{2} + \frac{\epsilon}{6} \right) - \left( \frac{1}{2} - \frac{\epsilon}{6} \right) = \frac{\epsilon}{3} < \epsilon$$

so  $g$  is integrable. What is  $\int_0^1 g$ ?

We must have  $\inf_{P'} \{ U(g, P') \} \leq U(g, P_\epsilon) \quad \forall \epsilon > 0$

so  $\inf_{P'} \{ U(g, P') \} \leq \frac{1}{2}$ . Likewise,

$\sup_{P'} \{ L(g, P') \} \geq L(g, P_\epsilon) \quad \forall \epsilon > 0$  so  $\sup_{P'} \{ L(g, P') \} \geq \frac{1}{2}$

But then  $\frac{1}{2} \leq \sup_{P'} \{ L(g, P') \} \leq \inf_{P'} \{ U(g, P') \} \leq \frac{1}{2}$



$$\text{So } \int_0^1 g = \frac{1}{2}.$$

(10)

b) If  $g(\frac{1}{2}) = \frac{1}{3}$ , then for the same partition  $P_\epsilon$ , we have

$$\begin{aligned} U(g, P_\epsilon) &= 0\left(\frac{1}{2} - \frac{\epsilon}{6}\right) + 13\left(\frac{\epsilon}{3}\right) + 1\left(1 - \left(\frac{1}{2} + \frac{\epsilon}{6}\right)\right) \\ &= \frac{13}{3}\epsilon + \frac{1}{2} - \frac{\epsilon}{6} \\ &= \frac{25}{6}\epsilon + \frac{1}{2} \end{aligned}$$

$$L(g, P_\epsilon) = \frac{1}{2} - \frac{\epsilon}{6}$$

Again, note that  $\inf_{P'} \{U(g, P')\} \leq \frac{1}{2}$  and  $\sup_{P'} \{L(g, P')\} \geq \frac{1}{2}$  so

$$\frac{1}{2} \leq \sup_{P'} \{L(g, P')\} \leq \inf_{P'} \{U(g, P')\} \leq \frac{1}{2}$$

$$\text{so } \sup_{P'} \{U(g, P')\} = \frac{1}{2} = \inf_{P'} \{U(g, P')\}.$$

Thus,  $g$  is still integrable and  $\int_0^1 g = \frac{1}{2}$ .

A2 Q1 Suppose  $a < b$  and  $f: [a, b] \rightarrow \mathbb{R}$  is integrable on  $[a, b]$ . Show  $f$  is integrable on any closed subinterval of  $[a, b]$ .

Sol. A closed subinterval of  $[a, b]$  could look like  $[a, c]$ ,  $[d, b]$  or  $[c, d]$  where  $a < c < d < b$ . So let's show  $f$  is integrable on each of these subintervals.



We will use the  $\epsilon$ - $P$  criterion. Let  $\epsilon > 0$ . Since  $f$  is integrable on  $[a, b]$ , there exists a partition  $P_\epsilon$  of  $[a, b]$  s.t.

$$U(f, P_\epsilon) - L(f, P_\epsilon) < \epsilon$$

Let  $Q_\epsilon = P_\epsilon \cup \{c, d\}$ . This is a refinement of  $P_\epsilon$ , so  $U(\cancel{Q_\epsilon} Q_\epsilon) \leq U(f, P_\epsilon)$  and  $L(f, Q_\epsilon) \geq L(f, P_\epsilon)$ .

Hence  $U(f, Q_\epsilon) - L(f, Q_\epsilon) < U(f, P_\epsilon) - L(f, P_\epsilon) < \epsilon$ .

This is basically what we want, except  $Q_\epsilon$  is a partition of  $[a, b]$ , not the subintervals. So break  $Q_\epsilon$  into three parts:

Define  $Q_1 = Q_\epsilon \cap [a, c]$  so  $Q = Q_1 \cup Q_2 \cup Q_3$   
 $Q_2 = Q_\epsilon \cap [c, d]$  is a disjoint union  
 $Q_3 = Q_\epsilon \cap [d, b]$

It follows that

$$U(f, Q_\epsilon) = U(f, Q_1) + U(f, Q_2) + U(f, Q_3)$$

$$L(f, Q_\epsilon) = L(f, Q_1) + L(f, Q_2) + L(f, Q_3)$$

Subtracting these two equations gives

$$[U(f, Q_1) - L(f, Q_1)]$$

$$+ U(f, Q_2) - L(f, Q_2) = U(f, Q_\epsilon) - L(f, Q_\epsilon) < \epsilon$$

$$+ U(f, Q_3) - L(f, Q_3)$$

But each of the differences on the right is  $\geq 0$ . So each must be  $< \epsilon$ .

Hence  $f$  is integrable on each subinterval, as we've found partitions ~~the~~  $Q_1, Q_2, Q_3$  that satisfy the  $\epsilon$ - $P$  criterion

A2 Q2b) Define  $f: \mathbb{R} \rightarrow \mathbb{R}$  by  $f(x) = \begin{cases} x & x \in \mathbb{Q} \\ 0 & x \notin \mathbb{Q} \end{cases}$

Show  $\inf \{U(f, P)\} = \frac{1}{2}$ , where  $P$  is a partition of  $[0, 1]$ .

Sol. Why should  $\inf = \frac{1}{2}$ ? Morally, taking finer partitions should give upper sums closer to the value of  $\inf \{U(f, P)\}$ .

For each  $n$ , consider the partition  $P_n$  given by dividing  $[0, 1]$  into  $n$  equal subintervals:

$P_n = \left\{ \frac{0}{n}, \frac{1}{n}, \dots, \frac{n}{n} \right\}$ . Here  $t_i = \frac{i}{n}$  for each  $i=0, \dots, n$ .

What is the sup of  $f$  on each subinterval  $[t_{i-1}, t_i]$ ?  $f$  is increasing, so it occurs at right endpoint (i.e. sup is  $f(t_i) = t_i$ ).

$$\begin{aligned} \text{So } U(f, P_n) &= \sum_{i=1}^n t_i (t_i - t_{i-1}) \\ &= \sum_{i=1}^n \frac{i}{n} \left(\frac{1}{n}\right) \end{aligned}$$

$$= \frac{1}{n^2} \sum_{i=1}^n i = \frac{1}{n^2} \cdot \frac{n(n+1)}{2} = \frac{n+1}{2n} = \frac{1}{2} + \frac{1}{2n}$$



Since  $\inf \{U(f, P)\} \leq \frac{1}{2} + \frac{1}{2n}$  for all  $n$ ,  
 $\inf \{U(f, P)\} \leq \frac{1}{2}$ .

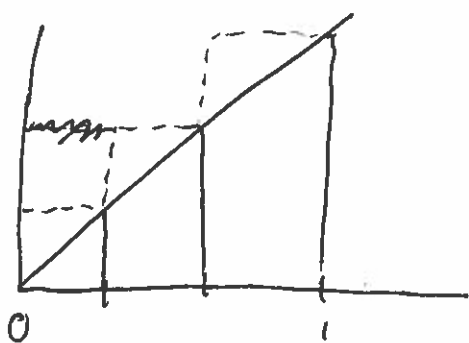
We claim  $\inf \{U(f, P)\} = \frac{1}{2}$ , so let's show  $\inf \{U(f, P)\} \geq \frac{1}{2}$ . It suffices to show that all upper sums are  $\geq \frac{1}{2}$ .

So let  $P = \{t_0, \dots, t_n\}$  be a partition of  $[0, 1]$ . We want to bound  $U(f, P)$  below by  $\frac{1}{2}$ .

$$U(f, P) = \sum_{i=1}^n M_i (t_i - t_{i-1}). \text{ What is sup on each subinterval?}$$

By density of rationals in  $\mathbb{R}$ , can show that  $M_i = t_i$  for all  $i$  (exercise). So

$$U(f, P) = \sum_{i=1}^n t_i (t_i - t_{i-1}). \text{ What is this saying geometrically?}$$



~~$t_{i-1}$~~   $t_i (t_i - t_{i-1})$  is the area of each rectangle.

~~Some of these are larger~~  
Notice that this area appears larger than the area of the trapezoid below it, with area

$$A_i = (t_i - t_{i-1})t_{i-1} + \frac{1}{2}(t_i - t_{i-1})^2$$

So claim:  $t_i (t_i - t_{i-1}) \geq A_i$  for each  $i$

$$\begin{aligned} \text{Pf. } t_i (t_i - t_{i-1}) &= [t_i - t_{i-1} + t_{i-1}] (t_i - t_{i-1}) \\ &= (t_i - t_{i-1})^2 + (t_i - t_{i-1})t_{i-1} \\ &\geq (t_i - t_{i-1})^2 + \frac{1}{2}(t_i - t_{i-1})t_{i-1} = A_i \end{aligned}$$

Why is this useful? Observe that

$$\begin{aligned} A_i &= t_i t_{i-1} - t_{i-1}^2 + \frac{1}{2}(t_i^2 - 2t_i t_{i-1} + t_{i-1}^2) \\ &= \frac{1}{2}(t_i^2 - t_{i-1}^2) \end{aligned}$$

$$\text{So } U(f, P) = \sum b_i (t_i - t_{i-1})$$

$$\geq \sum A_i$$

$$= \sum \frac{1}{2} (t_i^2 - t_{i-1}^2)$$

$$= \frac{1}{2} (t_n^2 - t_0^2)$$

(telescoping sum)

$$= \frac{1}{2} (1^2 - 0^2)$$

$$= \frac{1}{2}$$

So  $U(f, P) \geq \frac{1}{2}$ , and so  $\inf \{U(f, P)\} \geq \frac{1}{2}$ .

Hence  $\inf = \frac{1}{2}$  as desired.

A2 Q5 Suppose  $b > 0$  and  $f(x) = x$  for all  $x \in \mathbb{R}$ .  
Show that  $f$  is integrable ~~and~~ on  $[0, b]$   
and  $\int_0^b f = \frac{b^2}{2}$ .

Sol. Posted solutions use  $\epsilon$ - $P$  criterion; I'll use  
sup-inf so you can see both.

Let's try to find partitions whose upper/lower sums  
are very close to  $\frac{b^2}{2}$ . We want a fine partition.

For each  $n$ , let  $P_n = \{t_0, \dots, t_n\}$  be the partition  
of  $[0, b]$  with  $n$  equal length subintervals  
(i.e.  $t_i = 0 + \frac{ib}{n} = \frac{ib}{n}$  for each  $i = 0, \dots, n$ .)

Then  $m_i = \inf \{f(x) : x \in [t_{i-1}, t_i]\} = f(t_{i-1}) = f(0) = 0$   
 $M_i = \sup \{f(x) : x \in [t_{i-1}, t_i]\} = f(t_i) = t_i$

since  $f$  is increasing.

$$\begin{aligned} \text{So, } L(f, P_n) &= \sum_{i=1}^n t_{i-1} (t_i - t_{i-1}) \\ &= \sum_{i=1}^n \frac{(i-1)b}{n} \left(\frac{b}{n}\right) \\ &= \frac{b^2}{n^2} \sum_{i=1}^n (i-1) = \frac{b^2}{n^2} \sum_{i=0}^{n-1} i \\ &= \frac{b^2}{n^2} \frac{(n-1)(n)}{2} = \frac{b^2}{2} \cdot \left(\frac{n-1}{n}\right) \end{aligned}$$

Since  $\frac{n-1}{n} \in I$  for all  $n$ ,

So  $\frac{b^2}{2} \cdot \left(\frac{n-1}{n}\right) \leq \sup_P \{L(f, P)\}$  for each  $n$ ,

so  $\frac{b^2}{2} \leq \sup_P \{L(f, P)\}$

Similarly, one can show that

$$U(f, P_n) = \frac{b^2}{2} \left(\frac{n+1}{n}\right)$$

so  $\frac{b^2}{2} \left(\frac{n+1}{n}\right) \geq \inf_P \{U(f, P)\} \leq \frac{b^2}{2} \left(\frac{n+1}{n}\right)$  for all  $n$

so  $\inf_P \{U(f, P)\} \leq \frac{b^2}{2}$

↙ always true

Thus,  $\frac{b^2}{2} \leq \sup \{L(f, P)\} \leq \inf \{U(f, P)\} \leq \frac{b^2}{2}$ .

so  $\sup \{L(f, P)\} = \inf \{U(f, P)\}$  and  
 $\int_0^1 f = \frac{b^2}{2}$

Remark. If